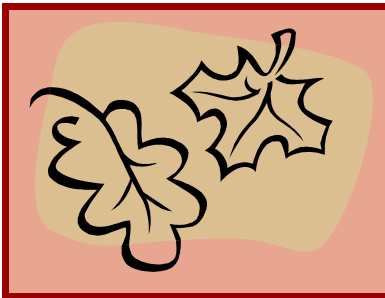




# The Village News

September/October

Hope is always available to us. When we feel defeated, we need only take a deep breath and say, "Yes," and hope will reappear. -  
Monroe Forester



## Recipe Corner

From Mike,  
Director of Dietary

Thanks to all the families, staff, and residents that participated in the Town Square Fair event. The next event will be the Fashion Show on September 9<sup>th</sup> -please see Rose for more details. Another big event coming in October will be celebrated on Saturday, October 9<sup>th</sup> from 11am-1pm "October Fest". This will be held in the Nursing Facility court yard, live band, entertainment, and food will be provided for all staff, residents, and families. We sure hope you can attend. Please watch for more bulletins on the upcoming events/celebrations.

**Waukee Memory Care** is still anticipating, weather permitting, to open in January of 2011. We are now accepting applications to reserve an apartment for your loved one if interested. We would like to give our community first choice on apartments. Please call Vonnie at 987-4102 to reserve your apartment today in the Memory Care.

You might have seen our new mascot, MaggieMoo, roaming the facility. So far she has been a big hit with the residents and families. She is a "teddy bear" puppy and about 9 weeks old now. She will be starting therapy courses on September 16<sup>th</sup>, 2010 to be a helpful hand and used in activities and therapies for our residents.



Have a great September!  
Vonnie, (Exec. Director)



### POPCORN CANDY BALLS

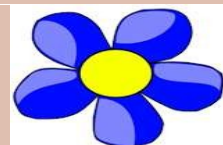
#### Ingredients

- ½ Cup butter
- 1 (16 ounce) package large marshmallows
- 2 cups popped pop corn
- 1 cup candy-coated chocolate pieces

#### Directions

- In a saucepan over low heat, combine the butter and marshmallows. Stir until marshmallows are softened.
- Add popcorn and candies; mix until evenly coated with marshmallows.
- Allow to cool enough to touch. Grease hands with butter and form into balls.

### The Alzheimer's Association Memory Walk



The staff at The Village at Legacy Pointe (Team Name: The Village People) will be walking in the Memory Walk, Saturday, September 25<sup>th</sup>. Please consider buying a Forget Me Not Flower to show your support. Contact office for more information.

# WELCOME



To our new residents



**Independent Living**

Jerry & Ruth Walcott

Ann Shirk

Bonnie Sturm

**Assisted Living**

Bud & Amy Shearer

Fern Lounsberry



## *A Late Introduction*



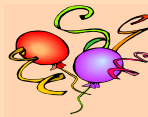
Hello to all. My name is Ande Francis and I am the new Director of Nursing at The Village at Legacy Pointe. I have been here seven weeks now and think I know most of you but just in case, a short bio about myself.

I have been a registered nurse for twenty-one years with a very diverse background. Most of my career has been in an ICU or supervisory role and I am actually a "newbie" to the world of long-term care. I worked for a year at Karen Acres as the ADON/MDS Coordinator and after twenty years had finally found my niche. One of the employees here recommended me for this job (which I appreciate greatly!) and here I am. So far I love it here and hope I am establishing a good relationship with ALL of you. It takes the entire team to make a ship run smoothly and I consider everyone's role here just as important as everyone else's.

On the personal side, I am married and have four children: an 18 year old son, a 12 year old daughter, an 11 year old daughter and a 5 year old son (can you say 40<sup>th</sup> birthday surprise?). My great passion is coaching soccer which I have done for eight years. I am an exercise enthusiast and am a great resource if you have questions about anything physical.

Well, that's enough about me. I think most of you are aware I have an open door policy and always want to hear what you have to say, good or bad. Please feel free to come to me with any questions or concerns.

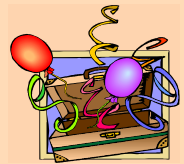
Ande Francis, Director of Nursing



## *September/October Birthdays*

### Independent Living

Sept 1	Walter Grothe
Sept 1	Bonnie Mohling
Sept 15	Viola Allen
Sept 26	Pauline Schomburg
Sept 27	Nora Leverich
Oct 2	Char Ackerman
Oct 7	Gloria Brockway
Oct 14	Velma Buttermore
Oct 25	Margie Dawson
Oct 31	Albert (Speck) Simmons



### Assisted Living

Sept 10	Skip Merrill
Sept 11	Carol Gibson
Sept 12	Dorothy Cushing
Sept 18	Merlyn Bonde
Sept 24	Hazel Harvey
Sept 25	Grace Meralc
Sept 30	Doris Craft
Oct 5	LaVon Hutzell
Oct 11	Jerry Faber
Oct 12	John Strawn
Oct 27	Irmgard Pingel

### Nursing Facility

Sept 22	Marjorie Snyder
Oct 16	Patty Smith

## **Social Service News**

My name is Teri Caldwell and I'm doing the Social Service/Admissions for the nursing facility since mid July. Some of you may be familiar with me as I'm not new at The Village. I have worked for the company over 5 years and started when the land of this facility was a corn field. I marketed the Independent Living facility for several years and worked as the Business Office Manager at one time. I have been gone from The Village for a year marketing the new facility under construction in Indianola but now I'm back.

I have not met all of the family members of our residents but please feel free to stop by and introduce yourself. I'm glad to be back and see all of the familiar faces.



## Nursing News From Joey

Hello from Joey!

Another season is ending, kids are back in school and I am thinking of Flu Vaccines!! We will be sending out an education letter with a consent form that we will need back ASAP; our Assisted Living will be set up through Dallas County again this year for flu shots.

It is hard to reach everyone and we do have postings that are taken down without our knowledge so PLEASE--- I would like to encourage EVERYONE to leave flyers in place that are posted at our entry doors & on our bulletin boards. Everyone living in our facility gets an Activity calendar, the Menu's are posted and we do try to make sure we keep you aware of upcoming events.

Happy Fall!!

Joey, Corporate QA Nurse

## Activity News From Rose

I can't believe that it is already September. We have had a great crop of radishes and tomatoes from our garden in the Care Center that we have enjoyed. I have a new assistant Ashley, who helps me on Monday, Wednesday & Fridays. She is fantastic gal and a great help. Our trip to Prairie Meadows was a lot of fun and we will be organizing another trip soon. Many of you may have already seen our new Aviary, everyone is enjoying the birds and we have a new baby Dove. Have a great Fall season & watch for the fun activities. *Rose, Activity Coordinator*

*"It is the mission of The Village at Legacy Pointe to offer to all seniors a community of service fostering the principles of individuality, respect, empowerment and choice."*