



# The Village News



The Village at Legacy Pointe is  
Pleased to Announce  
that we will be hosting the  
2008 Iowa Health Care Association  
Legislative Forum

YOU are invited to attend this year's forum  
along side our Iowa Senators, Representatives, and  
other people who care about senior health issues.

The meeting will take place in  
The Community Room  
At 10:00 a.m.

Thursday, October 16<sup>th</sup>  
We hope to see you there!



The Village participated in the Waukee Fall Festival parade. Steve Sieloff drove his vintage John Deere tractor which pulled our float.



Many of our employees and their children rode on the float, threw candy to parade goers, and passed out flyers to people in the crowd. What a great group!

## Museum News



Thank you to everyone who loaned items for the Wood Working display. It turned out wonderfully.

The new quarterly display will be on fabric and textile craft items. The museum is looking for items such as...cross stitch, needlepoint, pot holders, knitted hats, scarfs, rugs, etc. The committee will begin taking items the week of October 5<sup>th</sup>. Watch the bulletin boards for exact dates and times.



## October Neighbor Of The Month Jake & Florence Cushing

Jake and Florence Cushing moved into The Village Assisted Living apartments on May 1, 2007. They said they have felt very comfortable here and everyone is friendly.

They feel there is truly a family oriented atmosphere.

Jake and Florence both grew up in Dallas County. Jake went to school in Van Meter and Florence went to Adel. Before their marriage, Jake farmed and sold seed corn and Florence taught at a country school. They married on June 7, 1948 then moved to Earlham. They had two wonderful daughters, Joyce and Annette. In the 60's Jake worked for Pioneer and Florence worked for the ASCS office in Adel. There they enjoyed their beautiful flower and vegetable gardens. Now they are the proud grandparents of two grandsons and two great grandsons.

Jake and Florence have taken the time to enjoy life. You may not know this but they both loved to dance. They won a dance contest at Lake Robbins. Florence was a terrific piano player and Jake sang. Jake loved to mushroom hunt and go fishing in the spring. They would take road trips to Wisconsin and Arkansas in the fall. They loved all of the beautiful fall colors. When winter came, they would spend time in Texas with their good friends Dick and Bonnie Hulse. They said they have had a great life! And we are blessed to have a great couple as part of our Village family.



## Prevent Heart Attack & Stroke Seminar Thursday, October 23 Community Room 2pm

**The HeartReach Mobile Lab is coming To The Village on Tuesday, October 28<sup>th</sup>**

**Appointments begin at 7:10 a.m.**  
The HeartReach Mobile Lab from Iowa Health is a Winnebago that brings nurses & technicians to you to provide comprehensive screening for heart disease and stroke. A variety of screening tests are available to help identify your risk for heart disease and stroke. It's easy and affordable. To schedule an appointment on October 28<sup>th</sup> please call 1-866-935-5432 or for more information go on-line at: [www.iowahealth.org/heartreach](http://www.iowahealth.org/heartreach).



October 2<sup>nd</sup>-New Horizon's Band in the I.L. Dining Room at 6:00 p.m.

October 10<sup>th</sup>-Friday Night Social in the I.L. Dining Room at 5:00 p.m. Bring your favorite beverage & a snack to share!

October 16<sup>th</sup>-Iowa Health Care Association Legislative Forum held in the community Room at 10:00 a.m.

October 22<sup>nd</sup>-Music by Mike Lozano in the A.L. Dining Room at 3:30 p.m.

October 28<sup>th</sup>-The Iowa Health HeartReach Mobile Lab will be her in the South parking lot beginning at 7:10 a.m.

October 30<sup>th</sup>-The Waukee Wee Warriors will be trick or treating in the A.L. Dining Room at 9:30 a.m.

Every Tuesday beginning on October 7 thru November 11 at 2 p.m., there will be a bereavement group meeting held in the Assisted Living private dining room.

Everyone is welcome. It is recommended that you attend all classes once you start.



The Final results are in from our...

"Show Your Team Spirit" fundraiser held on Friday, September 12<sup>th</sup>.

The Iowa State Fans beat out the Iowa Fans by a score of 15 to 13!



Dietary Department

### The Best Chicken Salad Recipe

- 2 Boneless Chicken Breast halves, cooked
- ¼ Cup Creamy Salad Dressing
- 4 Tablespoons Cole Slaw Dressing
- 1 Stalk Celery, chopped
- ¼ Onion, chopped
- Salt and Pepper to taste

#### Directions:

In a food processor, combine the chicken, salad dressing, cole slaw, celery, onion, and salt and pepper. Mix until well chopped.



## Words of Wisdom

"We must be willing to let go of the life we planned so as to have the life that is waiting for us still." E.M. Forester



←Eleanor Bricker's name was drawn for a prize at the Show Your Team Spirit event. She got a set of Iowa State coasters.



←Nearly 30 people took part in the Pre-Game day event! All had fun cheering for their team and eating tasty treats!



## October & November Birthdays

<i>Char Ackerman</i>	<i>October 2</i>
<i>Glo Brockway</i>	<i>October 7</i>
<i>Gerald Faber</i>	<i>October 11</i>
<i>Velma Buttermore</i>	<i>October 14</i>
<i>Mary Moody</i>	<i>October 14</i>
<i>Margie Dawson</i>	<i>October 25</i>
<i>Marjorie Nelson</i>	<i>October 25</i>
<i>Catherine Peshek</i>	<i>October 26</i>
<i>Bob Jackson</i>	<i>October 27</i>
<i>Irmgard Pingel</i>	<i>October 27</i>
<i>Doris McFall</i>	<i>October 28</i>

<i>Bill Licht</i>	<i>November 1</i>
<i>Bill Giles</i>	<i>November 5</i>
<i>Miriam Faber</i>	<i>November 6</i>
<i>Ruth Peterson</i>	<i>November 7</i>
<i>Suzanne Merrill</i>	<i>November 7</i>
<i>Harry Snyder</i>	<i>November 9</i>
<i>Carolyn Potter</i>	<i>November 14</i>
<i>Mary Jane Pasco</i>	<i>November 20</i>
<i>Skip Boehm</i>	<i>November 24</i>
<i>Eleanor Donahue</i>	<i>November 25</i>
<i>Ruth Rutheford</i>	<i>November 25</i>
<i>Lorraine Newell</i>	<i>November 25</i>



## Welcome To Our New Residents

\*Dorothy Politte   \*Roseline Kinsley   \*JoAnn Boyer   \*Carole Gibson  
 \*Charles Doggett   \*Cleda Thompson   \*Mary Franklin   \*Donna Baldwin  
 \*Glen & Amy Shearer   \*Mary Jo & Gene Nevin   \*Mary Jane Pasco



## Housekeeping & Maintenance News

I am writing to let all of you know about the changes that recently took place at The Village. I, Steve Sieloff, am now the supervisor of housekeeping, laundry, and maintenance. The Village is currently looking to hire a maintenance assistant. We are hoping this takes place by the end of October.

If anyone has any questions or concerns feel free to talk with me. I look forward to working with all of our residents in this new endeavor.

Steve Sieloff (Environmental Specialist)

## A Bankers Trust Note

Dear Legacy Pointe Residents,

Hello, my name is Candy Schrader. I'm the Bankers Trust banking rep at Legacy Pointe. Banker Trust offers you weekly banking at the bank office located in The Village. I'm available to assist you with all of your banks needs with over 25 years of experience.

The hours of operation are from 1:00 to 3:00 p.m. every Wednesday. Please stop by for a visit to see how we can simply your life with our convenient banking services. I look forward to seeing you soon!

Sincerely, Candy Schrader

"It is the mission of The Village at Legacy Pointe to offer to all seniors a community of service fostering the principles of individuality, respect, empowerment, and choice."